CONFIDENCE CHECKLIST

SECTION 1

Answer on a scale of 1-5 1=Poor 5=Great!

HOW ORGANIZED DOES YOUR WORKPLACE FEEL?

HOW ORGANIZED DOES YOUR PAPERWORK (& OTHER SYSTEMS) FEEL?

HOW MUCH DO YOU LOVE YOUR CUSTOMERS?

HOW MUCH DO YOU LOVE THE PEOPLE YOU WORK WITH? (IF YOU DON'T HAVE EMPLOYEES/CO-WORKERS, RATE YOURSELF!)

HOW MUCH DO YOU LOVE YOUR STRATEGIC PARTNERS (SUPPLIERS, AFFILIATES, COACHES, ETC)?

SECTION 2

Answer each with a number between 0 and 7

HOW MANY DAYS, OUT OF THE PAST WEEK, DID YOU FEEL RUSHED, OR AS THOUGH THERE WERE NOT ENOUGH HOURS IN THE DAY?

HOW MANY DAYS, OUT OF THE PAST WEEK, DID YOU FAIL TO GET YOUR TOP PRIORITY TASK FOR THE DAY DONE?

HOW MANY DAYS, OUT OF THE PAST WEEK, DID YOU FEEL FORCED TO DO SOMETHING YOU WOULD HAVE PREFERRED NOT TO?

HOW MANY TIMES IN THE PAST MONTH DID YOU STRUGGLE WITH A DECISION, FOR MORE THAN 4 HOURS?

SECTION 1 TOTAL:

SECTION 2 TOTAL:

SECTION 3

WRITE DOWN ONE "WIN" THAT HAPPENED IN THE PAST MONTH.
HOW MANY MINUTES DID THAT TAKE?

WRITE OUT 3 GOALS YOU BELIEVE ARE REASONABLE TO ACHIEVE NEXT MONTH. HOW MANY MINUTES DID THAT TAKE?

Give yourself 5 points if it took less than 5 minutes, 3 if it took less than 15 minutes, 1 if it took longer

Give yourself 5 points if it took less than 5 minutes, 3 if it took less than 30 minutes, 1 if it took longer

Answer below on a scale of 1-5 1=Poor 5=Great!

HOW MUCH DO THOSE 3 GOALS EXCITE YOU?

HOW CONFIDENT ARE YOU YOU WILL ACHIEVE YOUR 5-YEAR GOALS OR VISION?

If you don't have a 5-year goal or vision, answer 1, if it's fuzzy, answer 3 or less

HOW WELL DO YOU THINK YOUR MISSION (OR PURPOSE STATEMENT) REFLECTS WHY YOU'RE IN BUSINESS?

If you don't have a Mission, answer 1, if it's not written down anywhere, answer 3 or less

SECTION 3 TOTAL:

SECTION 1 SECTION 2 TOTAL SECTION 3 TOTAL 40-50: GREAT! 30-40: GOOD 20-30: OK LESS THAN 20: NOT GREAT

WANT TO UP YOUR SCORE? LET'S TALK!

